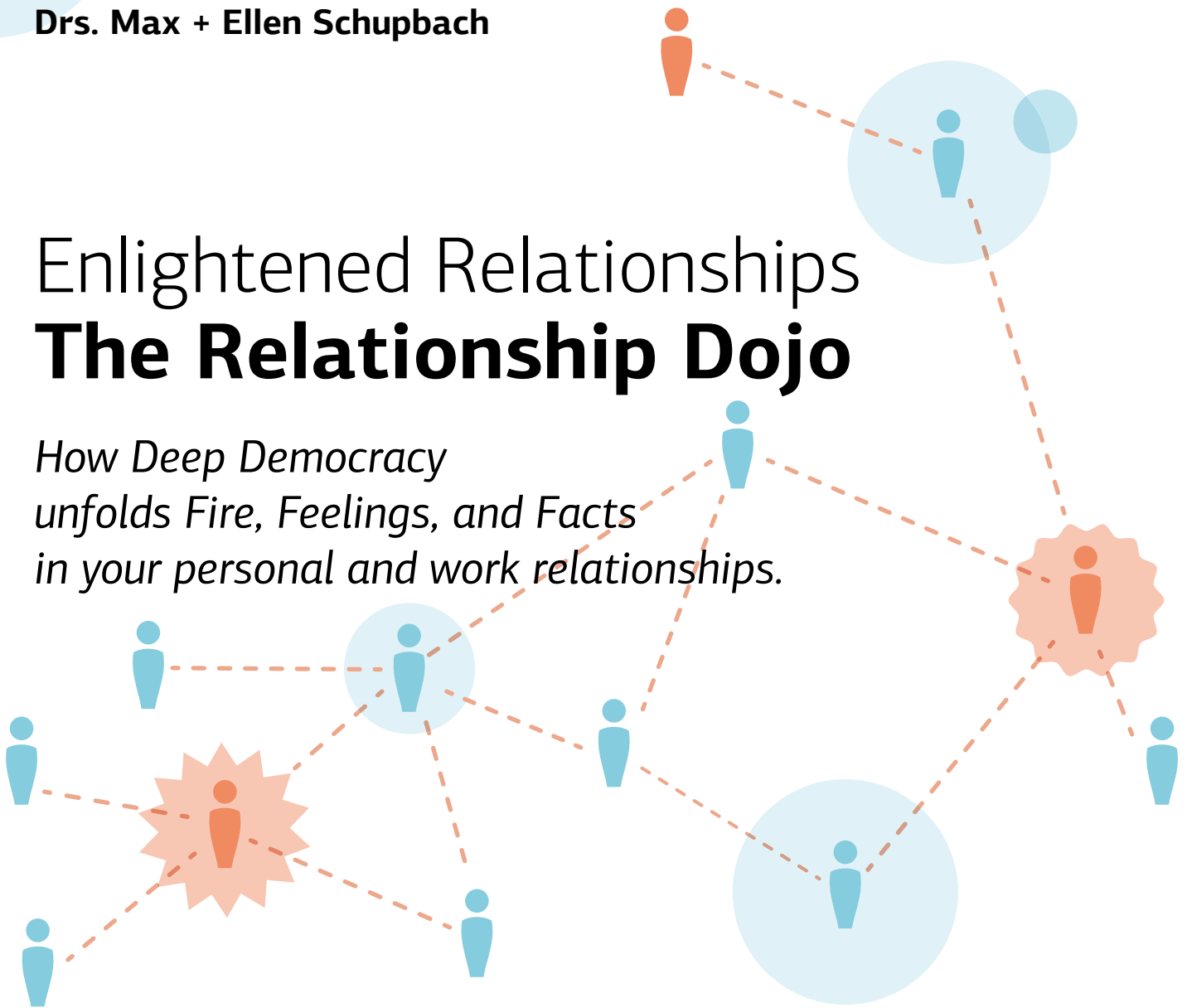


April 6-8, 2012, Kyiv  
Drs. Max + Ellen Schupbach

# Enlightened Relationships The Relationship Dojo

*How Deep Democracy unfolds Fire, Feelings, and Facts in your personal and work relationships.*



## The Power of Relationships

Why don't we learn relationship skills in kindergarten? Why don't business schools and political science departments make relationships a core topic?

The global community is just waking up to the magnitude of the power of relationships. Learn Cutting Edge methods to facilitate your own and others' relationships.

## Deep Democracy and Relationships

This 3-day seminar has the following goals:

- To share the extensive theory and methodology of Deep Democracy and Process Work with relationships.
- To practice associated inner work, interventions, and facilitation of your own relationship processes and those of others.
- To support your personal leadership to address and resolve relationship issues, even if the other parties don't want to participate (both in your work life and in your personal life).

Deep Democracy and Process Work support and unfold the rich diversity and potential that exists in all relationships, and address and resolve conflicts to discover and deepen common ground. Deep Democracy was originally developed to facilitate conflicts between all parties, even those who don't agree on a process for resolution.

In conjunction with concepts from modern physics and aboriginal thinking, the worlds of information theory and sentient intuition come together, increasing and highlighting the innate emotional intelligence of diverse perspectives, and bringing new and surprising elements to existing team and relationship constellations. These unique methods can even be applied in situations in which "the other" seems unwilling to change.

### What is the Relationship Dojo?

The Relationship Dojo is a space to study and practice a wide array of process-oriented relationship skills, as well as the inner work necessary in order to creatively use our own experiences of love, rage, hate, admiration, attraction, repulsion, and competition in coaching, facilitating, leading, and consulting.



Process Work concepts are the backbone of the methods and practice of relationship work. For this reason, we devote time and effort to researching, explaining, and understanding them. However, it is the ability to live these concepts—to work on ourselves in the presence of others, to authentically switch roles—that is the beginning and the end of everything. All concepts and methods are only as good as the practitioner who is using them. We learn and practice, while sitting in the fire, to eventually develop the fluidity of a martial artist in relationships.

In the Dojo, we show up and learn to work with the interface between personal and professional relationships. We discover how our experiences are partially transpersonal, belonging to us, but also to our communities and the time-spirits that move us. We learn how personal and transpersonal experiences are twins that dance together. How can we maintain boundaries while remaining united with the team? How can we love while owning our rank? How can we enjoy and celebrate the beauty of human connection while focusing on daily tasks and outer results? And why on Earth did fate connect us with our own relationship dance partners—in some moments and some relationships we wonder in awe, in others we curse with despair! Well, Earth has the answer for that, you will learn.

In essence, we will study, discover, and answer relationship koans presenting themselves as misery, devastation, love, joy, inspiration, and detached vision for new worlds to come, as well as the outer pressure to achieve and perform, both individually and as teams. Through this process, we discover enlightenment in relationships—a lived experience of the timeless spirit that sets the stage for relationship scenarios in which we can grow and develop new perspectives about ourselves and others. Through this process, we harvest measurable results: relationships and teams that work better together than ever before.



Day 1

## Rank and Relationship— Beyond Victimhood

How to discover, embrace, and celebrate the rank of each relationship partner in a way that adds to the space and possible tasks between you. Learn the original Deep Democracy insights about how to counter-intuitively work with rank and power in a shamanic way that will stop the world.

Day 2

## Relationship Glue

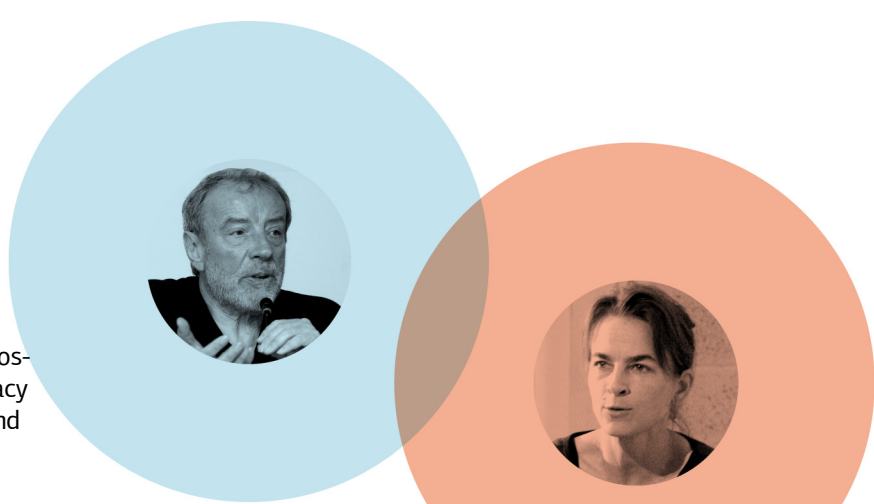
Some call it love, some call it spirit, some call it fate—discovering the timeless essence of the relationship, no matter which stage it is in, workplace, personal life, romantic life—and how to dance with the music of that essence in your current situation in order to understand yourself better and to create more sustainable communities around you.

Day 3

## Facilitating Relationship Conflicts

What if the other doesn't want to play along? What if your team or your boss or your sibling isn't into working on relationship stuff—what then? Learning and practicing the innerwork and outerwork essential to facilitate when you seem to be the only one at the party who wants to dance, is next.

This seminar can be taken as a stand alone seminar or as part of a 4-module course "The 4 Stepping Stones." Please check out [www.deepdemocracyinstitute.org](http://www.deepdemocracyinstitute.org) or write to [sfleaders@deepdemocracyinstitute.org](mailto:sfleaders@deepdemocracyinstitute.org).



## Drs. Ellen and Max Schupbach:

Max, together with Arnold and Amy Mindell and team is one of the cofounders of Process Work. Ellen is the Executive Director of the Deep Democracy Institute, a think tank with branches in San Francisco, Nairobi, Palestine, Ukraine, Russia, Amsterdam, Warsaw, Barcelona, Ecuador, and Kazakhstan.

Max and Ellen cofounded the Deep Democracy Institute. They have facilitated on five continents and are sought after speakers and facilitators on Deep Democracy, leadership, psychology, and future design. Please see [www.maxfx.net](http://www.maxfx.net) and [www.deepdemocracyinstitute.org](http://www.deepdemocracyinstitute.org) for more information.

## When?

April 6-8, 2012

## Where?

Kyiv, Ukraine

## How much?

2800 UAH or 350 USD per seminar.

Deep Democracy Students: 10% off all above listed prices. Please inquire about scholarships, at least 4 weeks prior to each seminar.

## How to register?

Online: [bit.ly/DDIUkraine\\_April2012](http://bit.ly/DDIUkraine_April2012)

Email: [info@ddi.in.ua](mailto:info@ddi.in.ua)

Tel: +38044 389 0782 or +38050 331 0782

